



Juneau Karate Academy

www.juneaukarate.com

907-723-8316

Spring Classes 2018

8800 Glacier Highway
@ the Jordan Creek Center

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Lessons 3:45-4:30		Adult I 9:45-10:30	Lessons 10:45-11:45	Lessons 3:30-4:30		Lessons 4:00-4:30		Youth Int/Adv Combo 4:45-5:30		Adult Wps 9:00-9:45	Lil Drg I 9:00-9:30
Youth Int 4:30-5:15	Kinder 4:45-5:15	Youth Beg 4:30-5:15		Youth Beg 5:00-5:45		Youth Int 5:00-5:45	Kinder 5:15-5:45	Adult Sparring 5:45-6:30	Lessons 5:45-6:15	Adult I 10-10:45	Lil Drg II 9:45-10:15
Youth Beg 5:30-6:15		Youth Int 5:30-6:15	Kinder 5:30-6:00	Youth Int 6:00-6:45	Youth Adv 6:00-7:00	Youth Beg 6:00-6:45		Family 6:30-7:15	Brown Belt Class 6:30-7:30	Youth Sparring 11-11:45	Lil Drg III 10:30-11:00
Youth Adv 6:30-7:30	Adult II 6:30-7:30	Adult I 6:30-7:15	Teens 6:15-7:15	All Adult 7:00-7:45		Adult I 7:00-7:45	Adult II 7:00-8:00			Youth Wps 12-12:45	Lessons 11:15-11:45
		Black Belts 7:30-8:30									

Program Summary

Youth Beg <i>White-Orange</i>	Youth Int <i>Red-Purple</i>	Youth Adv <i>Green +</i>	Kinders <i>Ages 5-6</i>	Lil Dragons <i>Ages 3-4</i>	Adult LV I <i>White-blue</i>	Adult LV II <i>Purple +</i>	Family <i>All Ranks</i>	Teen <i>All Ranks Age 12 +</i>	Sparring	Weapons	Specialty
Mon 5:30 Tues 4:30	Mon 4:30 Tues 5:30	Mon 6:30 Wed 6:00	Mon 4:45 Tues 5:30	Sat 9:00 Sat 9:45	Tues 9:45 Tues 6:30	Mon 6:30 Thurs 7:00	Fri 6:30	Tues 6:15	Youth Sat 11:00	Youth Sat 12:00	Brown Belts last Friday of the month
Wed 5:00 Thurs 6:00	Wed 6:00 Thurs 5:00 Fri 4:45	Fri 4:45	Thurs 5:15	Sat 10:30	Wed 7:00 Thurs 7:00 Sat 10:00	Wed 7:00			Adults Friday 5:45	Adults Sat 9:00	

Good Manners ~ Respect ~ Self-Discipline