



Juneau Karate Academy

www.juneaukarate.com

907-723-8316

Fall Classes 2017

8800 Glacier Highway
@ the Jordan Creek Center

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Lessons 4:15-4:45		Adult I 9:45-10:30	Lessons 10:45-11:45	Lessons 4:15-4:45		Lesson 4:15-4:45		Youth Beg 4:30-5:15		Intro 9:00-9:30	Lil Drg I 9:00-9:30
Lessons 4:45-5:15	Kinder 4:45-5:15	Youth Beg 4:30-5:15			Youth Beg 5:00-5:45	Youth Int 5:00-5:45	Kinder 5:15-5:45	Youth I/A Combo 5:30-6:15	Kinder 5:30-6:00	Adult I 10-10:45	Lil Drg II 9:45-10:15
Youth Beg 5:30-6:15		Youth Int 5:30-6:15	Kinder 5:30-6:00	Youth Int 6:00-6:45	Youth Adv 6:15-7:15	Youth Beg 6:00-6:45		Family 6:30-7:15		Sparring 11-11:45	Lil Drg III 10:30-11:00
Youth Adv 6:30-7:30	Adult II 6:30-7:30	Adult I 6:30-7:15	Teens 6:15-7:15	Ladies 6:45-7:45		Adult I 7:00-7:45	Adult II 7:00-8:00			Weapons 12-12:45	Lessons 11:15-11:45
		Black Belts 7:15-8:15									

Program Summary

Youth Beg <i>White-Orange</i>	Youth Int <i>Red-Purple</i>	Youth Adv <i>Green +</i>	Kinders <i>Ages 5-6</i>	Lil Dragons <i>Ages 3-4</i>	Adult LV I <i>White-blue</i>	Adult LV II <i>Purple +</i>	Family <i>All Ranks</i>	Teen <i>All Ranks Age 12 +</i>	Sparring	Weapons	Ladies
Mon 5:30 Tues 4:30	Tues 5:30 Wed 6:00	Mon 6:30 Wed 6:15	Mon 4:45 Tues 5:30	Sat 9:00 Sat 9:45	Tues 9:45 Tues 6:30	Mon 6:30 Thurs 7:00	Fri 6:30	Tues 6:15	Sat 11:00	Sat 12:00	Wed 6:45
Wed 5:00 Thurs 6:00	Thurs 5:00 Fri 5:30	Fri 5:30	Thurs 5:15 Fri 5:30	Sat 10:30	Thurs 7:00 Sat 10:00						
Fri 4:30											

Good Manners ~ Respect ~ Self-Discipline